



Menu - week 1

	Monday	Tuesday	wednesday	Thursday	Friday
Breakfast	Buttered toast/cereal with dried fruit.	Buttered toast/cereal with dried fruit.	Buttered toast/cereal with dried fruit.	Buttered toast/cereal with dried fruit.	Buttered toast/cereal with dried fruit.
Snack	Fresh fruit and milk	Fresh fruit and milk	Fresh fruit and milk	Fresh fruit and milk	Fresh fruit and milk
lunch	Mediterranean Pasta Fromage frais and fruit	Cheese and ham salad and crusty bread Cheese and crackers	Star fish pie with new potatoes Fresh Fruit	Scouse Fromage Frais	Paella Fresh Fruit
Snack	Sandwiches	Scrambled egg	Welsh rarebit	Cold vegetable selection with humous	Cheesy nachos and salsa